When students, parents and staff work together we create a safe and caring environment.

Students! You can control what happens by...
- following the action plan,
- not retaliating with physical or verbal bullying
- telling an older person

Parents! Watch for signs if your child is being bullied...
- look for signs of distress in your child
- listen to your child
- give assurance and support
- discuss the action plan with your child
- get accurate information and details
- advise your child to tell a staff member
- inform your child's class teacher of suspected bullying
- attend interviews at school if necessary

Parents! If your child is displaying bullying behaviours:
- Initially you will be defensive and perhaps unbeliving. This is natural.
- Find out the facts, preferably from the school
- Talk to your child but do not blame
- Emphasize that bullying is not acceptable in your family
- Role play alternative behaviours
- Seek assistance from school or health professionals
- Be specific and consistent with consequences for continued unacceptable behaviours
- Reward appropriate behaviours and effort.

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Narrabeen North’s Bully Busting Contract

(To be discussed in class and home and signed by every student)

1. Narrabeen North students, staff and parents will **not tolerate** bullying of any kind. We are totally opposed to all kinds of bullying
2. We will make a real effort to be tolerant of others regardless of their abilities, disabilities, race, religion, beliefs, appearance or other differences.
3. We will **never ignore** bullying or condone it when we see it occurring. We will try to stop it or seek an adult to assist.
4. We will **be fair** in the playground sharing our space and games with others.
5. We will **be kind** to others even if they are not our special friends.
6. We will **talk** to our teachers about problems that occur at school or on the way to and from school.
7. Talking about problems is not dobbing. We just want to make our school safe for all.
8. We will **seek help** from friends, parents, teachers, school counsellor, or principal if we are worried about bullying.
9. As an individual member of Narrabeen North PS, I am **committed** to Zero Tolerance of Bullying and will not support or cover up for bullies in any circumstance.

Student’s Signature: ____________________________

Witnessed by a friend: __________________________

Witnessed by Parent/Carer: ______________________

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Feeling safe and valued with
A Zero Tolerance to Bullying.

Our school community is committed to providing a safe and secure environment, promoting personal growth and excellence by developing self confidence and self esteem.

You can control what happens!
If you witness bullying behavior:

1. Always challenge/report it.

- Always report what happened.
- Always report if you see it in the playground (and any other place where children congregate).
- Always report if you see it in your class or any other area where children are聚集.
- Always report if you see it in the school or anywhere else.
- Always report if you see it in the community.
- Always report if you see it in the school or anywhere else.
- Always report if you see it in the school or anywhere else.
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